





Guidelines for Spring Open/Rec Season 2024

Thank you to our Volunteers for helping to coach this season. This is an all-volunteer organization: Coaches, Referees, Team Parents, Board Members. We are all here so our children can play this wonderful sport of soccer. Thank you!!

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- SET UP 1 GOAL IF YOU ARE THE FIRST GAME OF THE DAY
 - O TAKE DOWN 1 GOAL IF YOU ARE THE LAST GAME OF THE DAY
- The season will run from Mar11 thru May 18
 - There will be no games on Apr6
- ALL games will be played at our sister region AYSO66 @ Munoz Park on Apr13 and May4
 - This division may practice one weekday for 1 hr all season.
- There are not enough goals on the field for everyone to use. You and the team(s) around you must share the goals. They CAN'T be moved
- Players MUST ALWAYS have shin guards during practices & games, or they can't participate!!
 - Players are not allowed to wear jewelry of any kind during practices or games this includes earrings.
 - o Bullying of the opposite team or teammates will not be tolerated.
- Player FORMS: Must ALWAYS be with the coach, or in their absence, the asst coach or team manager ONLY (if they completed certs)
- REFEREES are needed to play games! Home team needs to provide an AYSO certified referee to officiate the game. This cannot be the coach. Anyone 11½ yrs and older can referee. Please ask parents for help! Please reach out to Theresa, RRA for info/Qs 951-235-7446
 - o NO ONE IS to yell at or taunt any of the referees. It is the coach's responsibility to control their sideline.
 - Full In-Person Regional Referee class: 3/10 @8:30am!! Please be PROMPT!! 5890 College Park Ave, Chino 91710
- Team Name: Lottery for an MLS team name
- Banner: It's optional, but your team would have to pay for it.
- Uniforms: NOTHING may be added to the uniform. Ex: players name, nickname or team name. This is for the player's safety and is a national guideline set by our national office.
- No pets of any kind or size are allowed in the park
- No sunflower seeds or any shelled nuts are allowed within the park
- The coach will hold a parent meeting before the start of the season to provide important information
- Coach must be certified at this level by taking the class online under AYSOU
- Medals will be handed out to players in this division.
- GoalKeeper Training!! Fridays 6pm-7pm
- Your team needs a Team Manager! This person is to provide support to the team:
 - They will pick up and hand out uniforms, make a snack schedule, schedule pizza parties, coordinate a banner...
 - A Team Manager meeting will be on Mar 22 @ 7pm at our OSP. Uniforms will be handed out. ONLY if ALL your volunteers (asst coach, team manager) have completed ALL courses
 - 5 To help these additional volunteers complete these requirements, we will be available on Mar15 & Mar22 6:30-7:30 at field 7
- If new players are added to the team, our Registrar or your division Commissioner will be letting the coach know. **Do not let any players play in your team** without the Registrar or you Div Comm giving you the Medical Release form.
- GAMES
 - o Heading is not allowed. There are NO penalty kicks.
 - Each half is 20min with a 5min half time. The center ref should give players a water break of about 1min half way thru each half.
 - o Even if game start late, THEY MUST END before the next hour.
 - Games are 7v7, including the goalkeeper.
 - The goalkeeper can't punt the ball, it must be rolled or thrown out past the build out line. The goalkeeper must wear a penne
 - If you have a sub, please sub out 1 player every quarter.
- Any questions, please contact your commissioner first: Martha Macias

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